



## Parent Information 2017

**STUDENTS WILL BE EXPECTED TO ADHERE TO THE FOLLOWING POLICIES. PLEASE READ THE FOLLOWING INFORMATION CAREFULLY. IF YOU HAVE ANY QUESTIONS REGARDING YOUR STUDENT'S VISIT, PLEASE CONTACT SEACAMP SAN DIEGO.**

SEACAMP San Diego  
PO Box 711310 ♦ San Diego ♦ CA 92171  
(800) SEACAMP ♦ Fax (858) 268-0919 ♦ [seacamp@seacamp.com](mailto:seacamp@seacamp.com) ♦ [www.seacamp.com](http://www.seacamp.com)

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## Enrollment

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SEACAMP enrollment is first come first served. To secure space in a desired session complete the online enrollment or downloadable enrollment form. A partially refundable \$300.00 deposit payment, per session, is due at enrollment to hold a spot in each session. The final payment can be paid in addition to the deposit payment, however it will not hold spot in session – the deposit payment is required.

Once enrollment is complete, a conformation email will be sent to the email address provided at enrollment from seacamp@seacamp.com. The email will include Registration Forms, Tuition & Travel Pages and SCUBA Forms if applicable.

## Travel

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Travel to and from San Diego is to be arranged by the student and his or her parent/guardian and is not covered in the SEACAMP San Diego tuition. SEACAMP San Diego provides complimentary airport pick-up and drop-off, as long as students arrive and depart inside the designated window of time provided (see Unaccompanied Minor section for exceptions).

### Travel by Car

Students arriving by car must use the provided map to camp to navigate to the SEACAMP San Diego facility on Mission Bay. The map will be emailed with the Student Registration Packet after enrollment. Please do not use our mailing address – it will not get you to our facility.

### Arrival

Students should be checked-in on the first day of camp between 10:00am and 12:00pm by an adult. Please identify the adult on the Travel Information Form (received in the Student Registration Packet after enrollment). Late arriving students will not be able to join the group until after the day's activities at 5:00pm, and there will be no adjustment to tuition for missing the day's activities. Please plan for traffic – especially those traveling through/from the Los Angeles area.

### Departure

Students should be checked-out on the last day of camp between 1:00pm and 3:00pm. All students will need to be checked-out and signed-out with SEACAMP Staff. The authorized pick-up person will be required to show a government issued photo ID for student check-out. Authorized pick-up persons should be listed on the Travel Information Form (received in the Student Registration Packet after enrollment). Adults arriving early for check-out will have to wait until we are ready for them at 1:00pm, as students departing for the airport require our attention for check-out.

Arrival	between 10am – 12pm	to SEACAMP Facility on Mission Bay
Departure	between 1pm – 3pm	from SEACAMP Facility on Mission Bay

### Travel by Air

There is no charge for transportation service if the student is meeting our staff at the baggage claim carousel for his or her flight. If the student is travelling under airline-designated Unaccompanied Minor status, procedures and fees are required (see Unaccompanied Minor section). If you are having trouble finding flights inside the given windows of time, please contact SEACAMP to discuss.

Please double-check all flight information before you send the Travel Information Form back to us. Incorrect information makes it difficult for us to check schedules, look for early arrivals or delayed or cancelled flights. Sometimes airlines will change flight numbers, carriers or times – please keep us up-to-date. The correct information is needed in order for SEACAMP to provide a timely pick-up.

## Arrival

Flights should arrive into San Diego International Airport (SAN) on the first day of camp between 9:00am and 12:00pm. Upon arrival, students should walk directly to the baggage claim area (follow signs). SEACAMP Staff will meet students at the baggage claim carousel for his or her flight. Staff will be wearing SEACAMP San Diego t-shirts and holding yellow “camper pick-up” signs. If applicable, wear last year’s SEACAMP t-shirt so that we can identify the students quickly upon arrival. After luggage has been retrieved, students are escorted to vans waiting to take them to the SEACAMP facility.

## Departure

Flights should depart San Diego International Airport (SAN) on the last day of camp between 2:00pm and 5:00pm. Students will arrive at the airport 120 – 150 minutes before their scheduled flights. SEACAMP Staff will assist students with the check-in process and see them through security checkpoints. Students can call the 1-(800) SEACAMP number in case of cancellation or delay after they are through security.

Arrival	between 9am – 12pm	to San Diego International Airport (SAN)
Departure	between 2pm – 5pm	from San Diego International Airport (SAN)

## Luggage

Students should be able to carry their own luggage, and bags should be able to be stowed neatly underneath bunks while at camp. Please also take a look at the “What Not to Bring” section for a list of items not permitted at camp. For students traveling by air, bags need to follow TSA guidelines and individual airline restrictions ([www.tsa.gov](http://www.tsa.gov)).

## Unaccompanied Minor

Most students that fly to camp are minors and are unaccompanied; however, depending on the student’s age and the specific airline carrier, the airline may classify them as an *Unaccompanied Minor*. Each airline sets its own policies and regulations regarding children traveling unaccompanied by adults. Some airlines require that unaccompanied children travel only on nonstop flights. Others may require an additional fee at check-in. Some airlines will want to know the name, address, and phone number of the person responsible for the unaccompanied child at both the departure and arrival airports, in addition to emergency contact information. Airlines’ travel and age restrictions vary widely so please consult with your airline of choice to confirm your student’s travel status.

Students traveling as designated Unaccompanied Minors will sometimes be escorted by airline staff from the gate through security and down to baggage claim to meet SEACAMP Staff. Most airlines will have a pass to allow SEACAMP Staff to meet students directly at the gate upon arrival. Upon departure, SEACAMP Staff are again approved to enter the security area without a ticket and wait with students at their departure gate until their plane takes off. SEACAMP Staff is only able to provide Unaccompanied Minor service for students that are arriving and departing inside the given windows of time.

We have also had airlines with mandatory Unaccompanied Minor requirements require our staff to pay an additional fee when checking students in for their departing flight. SEACAMP Staff will not use their own cash, check or credit card to ensure that your fees are paid. Please talk to your airline in advance of campers’ travel to clarify all airline costs.

**If your student is classified by your airline as an Unaccompanied Minor, and a SEACAMP Staff member will be required to pick-up and/or drop-off your student at the gate for his or her flight, there is an additional \$50.00 fee to SEACAMP San Diego.** Airlines’ travel and age restrictions vary widely so please consult with your airline of choice to confirm your student’s travel status. If there is any information your airline of choice requires for your student’s flights, give the SEACAMP office a call and we will provide that for you (e.g. name of SEACAMP Staff member meeting your student, etc.). If SEACAMP San

Diego is not informed of Unaccompanied Minor status on the Travel Information Form, we will not be able to provide that service for the student.

### Travel by Air as Unaccompanied Minor

- Please check the Unaccompanied Minor box on the Travel Information Form for arrival and/or departure in your Student Registration Packet.
- Add a payment for the \$50 Unaccompanied Minor fee to the Tuition Information Form.
- Upon finding out what information your airline of choice requires, give the SEACAMP office a call/email and we will provide you with any information they need.
- Make sure all additional fees to the airline are paid for travel in both directions.
- If SEACAMP San Diego is not informed of Unaccompanied Minor status, we will not be able to provide service for the student.

## Registration Forms

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Registration forms will be sent via email to the enrolling adult as part of the Student Registration Packet, which will be sent after enrollment to the email address provided. Please make sure all required parent signatures and initials are filled out correctly – time and postage is wasted if we have to request a registration form to be re-done. We cannot allow students whose parents or guardians refuse to sign the Registration Forms or modify the Registration Forms to attend SEACAMP San Diego. All original Registration Forms are required – scanned, faxed, or electronically signed forms will not be accepted.

### SEACAMP I

Travel Information Form:	This will let us know how your student will be arriving and departing. This is required even if you are driving your student to camp.
Tuition Information Form:	Complete final payment and additional fees (if applicable) here or let us know how you completed payment (online, by phone).
Registration Form A:	Complete everything that is applicable to your student – including health insurance information on the form or attaching a copy of the insurance card. SEACAMP will let you know upon receiving your paperwork if we require additional forms for medical issues.
Registration Form B:	Double check signature is complete.
Registration Form C:	Double check initial and signature are complete.

### SEACAMP II & III

Travel Information Form:	This will let us know how your student will be arriving and departing. This is required even if you are driving your student to camp.
Tuition Information Form:	Complete final payment and additional fees (if applicable) here or let us know how you completed payment (online, by phone).
Registration Form A:	Complete everything that is applicable to your student – including health insurance information on the form or attaching a copy of the insurance card. SEACAMP will let you know upon receiving your paperwork if we require additional forms for medical issues.
Registration Form B:	Double check signature is complete.
Registration Form C:	Double check initial and signature are complete.
Boat Release:	Student name at the top of pages one and two (leave trip date blank). Complete and sign under “for children/minors (under 18 years).”

## SCUBA Forms – for SEACAMP II & III only

Must be 14 years or older and a certified open water SCUBA diver by session date.

SCUBA Form B: Must be completed and submitted with the rest of the paperwork even if your student will not be certified by May 15. Student must be certified by session date.

SCUBA Form C: Complete what is applicable to your student. If gear is needed, please include \$75.00 SCUBA gear rental fee on the Tuition Information Form.

SCUBA Form D: Double check each question has been answered with a Yes or No – the full word must be written. Both student and parent/guardian must sign the form. If your student has a Yes answer to a question(s), we will then provide the needed SCUBA Medical Form.

SCUBA Form E: Double check initial and signature are complete.

Copy of SCUBA certification card: Attach a copy of the student's SCUBA certification card to the SCUBA forms or send a copy of the card after certification is complete.

Have the student bring the following SCUBA items with them to camp:

1. SCUBA Certification card (if you cannot locate your card, contact the agency that your student is certified under (e.g. PADI, SSI, etc.) or the dive shop where the student was certified.
2. Dive Log showing dive training record and dives since certification.
3. Dive Tables or Computer (unless SEACAMP is providing).

## Due Dates

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All required paperwork, Registration Forms, Travel Information Form & SCUBA Forms (*if applicable*) must be returned with final payments on or before **May 15, 2017**. All original Registration and SCUBA Forms are required – scanned, faxed or electronically signed forms will not be accepted. Please mail to:

SEACAMP San Diego

PO Box 711310

San Diego, CA 92171

## Tuition Includes

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All meals, housing, activities, supervision, travel in San Diego and all gear - including wetsuit, mask, snorkel, and fins. However, there is an additional \$75 SCUBA gear rental fee for students needing SCUBA gear and participating in optional SCUBA Program during SEACAMP II & III.

## Cancellation Policy

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PER SESSION: Deposit and tuition may be partially refundable. Cancellations prior to January 31<sup>st</sup> are subject to a \$100.00 cancellation fee. Cancellations between February 1<sup>st</sup> & March 31<sup>st</sup> are subject to a \$200.00 cancellation fee. Cancellations between April 1<sup>st</sup> and May 15<sup>th</sup> are subject to a \$300.00 cancellation fee. Deposits and tuition are non-refundable after May 15<sup>th</sup>. Cancellations must be submitted in writing and received by the dates stated above.

## Consecutive Sessions

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SEACAMP offers several programs that can be done consecutively with the next session. All sessions of SEACAMP II have a SEACAMP I prior to them, this way students 8<sup>th</sup> grade or older have the option to stay for two weeks. Additionally, our SEACAMP III session has a SEACAMP II prior to it, this gives students 9<sup>th</sup> grade or older the option to stay for both SEACAMP II & III. During the intersession day, students will be supervised by our Staff. We will give them the opportunity to do some laundry, they will go to a local restaurant for dinner, followed by a stop at a drug store for any needed items and finally ending the night with something fun, like a movie. Students will sleep in the dorms with staff. Females and one dorm and males in the other. In the morning, students and staff will go to a local restaurant for breakfast and then their next session will begin. All of these activities and meals will be provided at no additional charge, expect for the visit to the drug store – students will be expected to pay for any needed purchases.

## Communication

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While your student is here with us at SEACAMP San Diego, we are excited to give him or her an “unplugged” experience. Time away from the computer, TV, and cell phone means more time for learning, interacting, and being out in the field and on the water. This unique unplugged experience allows your student to truly engage with other students and all of the activities in which he or she will be participating.

For most families, it is the parents who find it the hardest to cut ties with their student during camp. Students are engaged with new activities, new friends and busy schedules – no news is good news! Parents may feel reassured to know that we will, of course, contact them if their child is having insurmountable difficulties or issues while at camp that are brought to the staff’s attention.

## Social Issues

SEACAMP San Diego staff members have training and experience in dealing with students experiencing adjustment, social, or homesickness issues. Our staff will counsel students about their feelings and work together to find solutions to fit your child’s specific needs. Please remember calling home is sometimes the worst, not the best, remedy for homesick students. Be assured in the event of an emergency or needed communication SEACAMP Staff have cell phones.

The first day of camp can be particularly challenging for students. With this in mind, we have set-up several tasks for students to complete upon arrival. They will need to pick out and set up bunk space, meet the group leader for the session and pick out SEACAMP swag. The students all also make gear bags for their week with us. Additionally, we offer camp tours for students and parents that have driven their student. In our experience students make friends and integrate into camp more quickly and successfully once parents have departed. We highly recommend parents take their leave once they’ve received a camp tour.

## Before Camp Starts

Especially if this is your student’s first residential experience, we feel strongly that parents/guardians prepare their child for a visit away from home. Even experienced campers have personal issues that change from year to year. Talk about the positive side of whatever “firsts” your student will be experiencing or goals they are striving toward. It is always helpful to discuss strategies to meet new friends, try new activities, etc. Know that most of our students will come to camp not knowing anyone.

Please avoid stressing the downside of being away from home – we have found that lengthy discussions of being sad, lonely or scared can be self-fulfilling prophesies. Telling students that they can always come home early or opt out of anything they don’t want to try will set your student up for failure. Please know



our staff will recognize when a student is truly uncomfortable with an activity or obviously not ready for a residential experience.

We are very serious in stressing that no student negatively impacts any other student's camp experience. Behavior that threatens, injures, or intimidates another camper is grounds to be sent home immediately at parent's expense. Parents and students should go over the camp rules together and discuss family expectations of student behavior while at camp.

Be sure to include the importance of communicating with SEACAMP San Diego staff members when you are discussing time at camp. Instructors can only remedy ills we know about or witness; some students are quiet about their needs or problems. We try to hire a diverse staff so that even reserved students will be able to find someone they identify with and trust. Reinforce the importance of telling instructors about any questions or concerns your student may have while at camp.

## Camper Mail

As you will not be receiving phone calls from your student once they have arrived at camp, try to remember that not hearing from them or SEACAMP is a positive thing – this means your child is okay and having a great time! Your student can, however, receive messages from home while they are at SEACAMP.

Email is a great way to let your student know you are thinking of them and keep them up to date on life at home – email [camper@seacamp.com](mailto:camper@seacamp.com) with your student's name in the subject line. Emails will be printed and delivered to camp once a day. During SEACAMP II & III, camper mail will not be delivered during live-aboard boat trip. Because there is no internet at camp, campers will **not** be able respond to email. Please be aware that messages are sometimes scanned and those with inappropriate subject matter will not be delivered and may be forwarded to the parent/guardian.

When communicating with your child while they are with us, please think about his or her situation before leaving your message. Positive messages of love and support or family updates are always great for campers to receive. Letting your camper know about distressing or upsetting news from home, at a time when they are away from family members to give perspective and support, is probably not ideal for the family as a whole. Leaving more emotional news until your student's return may be the best thing you can do for them. If you have upsetting information and are unsure whether to communicate it to your student, contact SEACAMP and we can discuss the best course of action.

Please do not send care packages or letters as the length of our camp sessions is not conducive to timely arrivals. In addition, we have found an unequal amount of mail can have some students feeling deprived or envious, which can cause social problems. In the case of forgotten medications or other emergencies, please contact us and we will give you the appropriate mailing address.

## Emergency

If you have upsetting information and are unsure whether to communicate it to your student, contact SEACAMP and we can discuss the best course of action. However, if you need to communicate immediately with camp – emergency messages can be left at the office phone number (1-800-SEACAMP). Instructions for leaving an emergency page will be provided. Emergency messages will be relayed to staff immediately.

If your child becomes ill or injured while attending SEACAMP San Diego, we will, of course, make sure that parents are kept informed about the situation and progress. Whenever possible, parents/guardians will be included in decisions regarding their child's care. In the case of an emergency, staff will first provide care to student and ensure he or she is in a secure, safe environment before contacting parents/guardians. We will try to contact the parents/guardians first, but if we are unable to reach them, we will then contact the emergency adult listed on Registration Form A of the Student Registration Packet.

## Health, Safety and Hygiene

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### Illness & Injury Prior to Camp Attendance

Please use serious discretion if you are presented with an ill student prior to his or her departure for SEACAMP. We understand that everyone will be looking forward to and planning on camp experiences – but please do not send sick a student. Once at camp, the daily activity level and communal dorm space does NOT add up to a recuperative environment. We also ask that you consider the health of the rest of the students and the SEACAMP San Diego staff. Injuries that severely limit levels of participation can also greatly change your child's camp experience. Please call the office at (800) SEACAMP to discuss your options in the event your camper's health is an issue as soon as you are able. SEACAMP will make every effort to assist and offer a solution.

### Staffing & Safety

SEACAMP San Diego Marine Science Instructors possess at least a college degree and are certified Red Cross Lifeguards with First Aid and CPR for the Professional Rescuer – including oxygen administration training and first aid for marine hazards. Additionally, all staff members have been finger printed with the Department of Justice & FBI and all have Class-B commercial driver's licenses. SEACAMP San Diego does not retain a nurse on staff, although we do have a paramedic consultant on call. We are within close proximity of emergency care and are in a 9-1-1 service area.

SEACAMP San Diego tuition includes 24-hour supervision of students. The amount of supervisory staff varies depending on the schedule. During snorkeling, there is one lifeguarded staff member with every seven students and staff members will have a rescue tube with them. All water activities require students to wear full-length, 7mm wet suits (which makes them buoyant). The only exceptions are during kayaking and stand up paddle boarding when students will wear Coast Guard-approved PFDs (Personal Flotation Device – a 'life jacket'). In the controlled environment of camp, evening activities will have 3 to 5 staff members depending on the activity. During overnights, one female staff member will be in the dorm with the girls, and the boy's dorm is staffed with one male instructor. The staff members with the group have access to a cell phone at all times.

### Health at Camp

Our registration forms ask parents/guardians to provide information about medical conditions, allergies, prescription and over the counter medications, etc. Our staff should be aware of medications that students should be taking. Student information is confidential and stays with SEACAMP staff at all times. With over-the-counter medications, completed registration forms provide us with a written list of what the child takes on a regular basis (Advil, Aspirin, Midol, etc.) and students bring their own supply. We have added a list of OTC medications that we stock at camp that may be available to your students if necessary, and parents may give permission to make these medications available if necessary.

In regards to prescription medications, SEACAMP staff is not authorized to hold or administer prescription medication to students. Students that require prescription medication will be responsible to hold and administer it.

SEACAMP Staff cannot address or help remedy situations they are not made aware of. Students will need to communicate any health problems or concerns. If your child becomes ill or injured while attending SEACAMP San Diego, we will, of course, make sure that parents are kept informed about their camper's situation and progress. Whenever possible, parents/guardians will be included in decisions regarding their child's care.

SEACAMP San Diego Instructors remind students to keep their dorm space clean and clear, to shower regularly, wear clothing appropriate to the day's activities and bring water bottles with them for the day's activities. Two of the most important things for a successful camp experience is staying well-hydrated and

sunburn free. Staff members remind students to apply and reapply sunscreen and drink water throughout the day. Students have access to water and sunscreen all day – even when we are in the field for the day. It is helpful to discuss parent/guardian expectations regarding sun exposure, appropriate attire, hygiene and hydration, etc. prior to camp attendance. Ultimately, it is the student's responsibly to stay well-hydrated and sunburn free.

## Seasickness

The SEACAMP I schedule includes an all-day boat trip, and students attending SEACAMPs II or III will be on a boat for two or three days before disembarking. Students prone to seasickness may want to consider bringing over-the-counter medications or other anti-seasickness preparations with them. Many students, having never been on a boat before, are unsure whether or not they are subject to seasickness - a prior history of motion sickness is a good indicator. For SEACAMP I participants it has been our experience that Dramamine can make some too sleepy to enjoy themselves on the trip. The non-drowsy Dramamine formula or Bonine are other options, and they can be effectively taken after symptoms begin. Ginger and pressure point bands are among the non-medicinal remedies.

## Diet

SEACAMP San Diego will do its best to accommodate allergies/special diets, but there is a limit to what we can do with our caterer and the food preparation limitations at camp. If your child is a picky eater in addition to dietary restrictions, we strongly recommend that you pack individually-wrapped items he or she will enjoy that fit within his or her needs. This food will be stored in our small on-site kitchen. Students with food allergies will be required to complete and return an additional Food Allergy form to give us further information regarding severity/symptoms/usual treatment of the allergy, existence/location of Epi-pens, etc.

Although we can arrange for all meals in a session be without nuts or nut products, a gluten-free diet/environment for an entire group is currently not a possibility for us. Parents should also remember that our catering menu will still contain foods made in a kitchen that uses nut, gluten, soy, dairy and fish/shellfish products, even if we request that they not serve items containing these ingredients during a visit. If the student has dietary requirements that we are unsure we can accommodate, SEACAMP may request a comprehensive list of what the student can/cannot eat and recommend a list of what foods the student should bring with him or her.

Even diets as seemingly simple to describe as “vegetarian” or “kosher” have a wide range of variation within them. Please be specific as to what your camper's requirements are (i.e. for vegetarians: ovo-lacto, lacto-vegetarian, vegan) so we can make sure our caterer understands what your child can and cannot eat, and see if we can accommodate those requirements.

## Special Needs

Here at SEACAMP San Diego we are dedicated to supporting and encouraging students to overcome personal challenges and reach personal goals. We also pride ourselves on the diversity of our student population. However, if your student has a medical condition or physical limitations, there may be limits to his or her level of participation while at camp. Some students with more serious limitations may require a level of care too advanced for what we can provide here at SEACAMP. Students with behavioral disorders can sometimes find our communal camp experience to be difficult. Our summer camp is a highly social experience and provides very little down time. We want to ensure every student has a positive and successful experience. As the parent/guardian, you are in the best position to know what your student can and cannot handle – if you have questions, please give our office a call and we can discuss your child's specific situation.

Students are responsible for holding and administering any prescription medications. SEACAMP staff will provide general medication reminders at breakfast and at dinner.

## Rules and Behavior

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Parents should go over camp rules with students before summer sessions. We find that a thorough discussion of parent expectations in terms of behavior in advance reduces issues with students while at SEACAMP. Please realize that although our instructors will be doing their best to make everyone's camp experience fun and exciting, we also need to ensure safety and security for all campers at the same time.

### General

1. Courteous, considerate behavior is expected at all times. Any behavior that compromises another students' comfort or enjoyment of the program will not be tolerated.
2. Students are expected to be at their assigned location at the appointed time.
3. The responsibility for all personal items must be the student's. SEACAMP and its agents cannot assume responsibility for lost or stolen items.
4. It is the student's responsibility to inform one of the camp counselors of:
  - a. Illness
  - b. Injury
  - c. Other problems
5. Any student using alcohol, tobacco, drugs, or committing any illegal act will be sent home immediately at the parent or guardian's expense.
6. Possession of any items which may be considered dangerous (i.e. knives, etc.) or behavior which may compromise the safety of others will not be tolerated.
7. No roller blades, skates, skateboards, surfboards or skim boards will be allowed at SEACAMP. If brought, SEACAMP will ship the items home at the parent or guardian's expense.
8. Electronics, including but not limited to game consoles, computers, tablets, e-readers and TV, DVD and MP3 players, are not permitted at SEACAMP. Additionally, personal cell phone use is not permitted for the duration of camp. Student cell phones will be turned off and collected upon arrival then returned upon departure from camp. Any electronic items found at camp may be returned for a flat \$50.00 shipping fee and the student may be sent home at parent/guardian expense.

### In the Dorms

1. Dorms may not be left after lights out
2. Noise must be kept to a level that takes others into consideration
3. No open food, snacks or drinks allowed in dorms
4. No males in female dorms and no females in male dorms
5. Students are expected to respect others' property and possessions

### In the Vans

1. Seat belts must be worn at all times
2. Voices should be kept at a moderate level
3. No horseplay
4. No open food or drink
5. Seating areas must be kept clean

## S.C.U.B.A. Program – SEACAMP II & III sessions only

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### SCUBA Program Requirements

The SEACAMP San Diego SCUBA Program is only offered during our SEACAMP II & III sessions. The SCUBA Program is provided in addition to snorkeling and is not required to participate in SEACAMP II and/or III. Some qualified students have the option to also participate in our optional SCUBA Program. SCUBA, or Self-Contained Underwater Breathing Apparatus, involves additional training and acceptance of additional risks.

Students must be 14 years or older and a certified SCUBA diver by the start of session. SEACAMP San Diego does not provide SCUBA training; therefore, students with no formal training prior to the SEACAMP session will not be allowed to SCUBA dive. Qualified students will be joining our SCUBA Instructors, Divemasters and co-SEACAMPers in the beautiful waters off of Southern California's coast.

If you have any questions about your student's SCUBA qualifications, paperwork, or other items they will need to participate in SEACAMP's SCUBA Program, please discuss them with our office. **Please understand - if you do not turn in the required paperwork, you will NOT be allowed to dive.** So PLEASE, make sure you have all your paperwork in order. If you have any questions, please give us a call at (800) SEACAMP.

In order to be one of the students participating in SCUBA, you **must** fulfill the following requirements:

1. Be age 14 or older as of the first day of your camp session AND
2. Be a certified Open Water Diver. *This means you have completed an Open Water SCUBA course and hold an Open Water SCUBA certification card from a recognized certifying agency.*

## SCUBA at Camp

All SEACAMP II and III SCUBA students will participate in an initial shallow bay session to evaluate their skills and acclimate to equipment. Student divers are led by SEACAMP San Diego staff members who hold Divemaster or Instructor ratings. Small dive groups allow for individualized attention and specialized dive goals, according to each student's particular area of research.

SCUBA Diving during SEACAMPs II and III is a choice and a privilege. SEACAMP reserves the right to remove a student from the program at any time, should a student's dive leader feel they are jeopardizing the safety of themselves or the group. If this is determined SCUBA fees will not be refunded.

Students may use their own dive gear or gear can be rented at SEACAMP for a nominal charge of \$75.00 per session. SEACAMP II and III students who register for SCUBA will receive more information and required forms with their registration packets.

## SCUBA Fitness

Students wishing to participate in SCUBA must also complete a medical questionnaire with their parent/guardian. Any "yes" answers on page one of the form necessitate a physician's clearance (pages 2 – 6) in order to dive while at SEACAMP. There is a copy of the full medical form available on our website on the SCUBA page.

## What to Bring

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### Packing List

Bring enough clothing for the duration of your camp session (six, seven or eight days). Students attending multiple sessions can refer to notes on laundry on the following page.

◆ All clothing and gear should be clearly marked with Student Name for identification purposes ◆

#### Bedding

- Sleeping Bag\*                       Fitted Bottom Sheet (twin size)                       Pillow

\*Other bedding such as quilt, bedspread or top sheet is acceptable

#### Clothing

- Shorts                                       Long Pants                                       Underwear  
 Socks                                       Shirts     Pajamas

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Hats                | <input type="checkbox"/> Sweatshirt                             | <input type="checkbox"/> Sunglasses w/ lanyard       |
| <input type="checkbox"/> Day/back pack       | <input type="checkbox"/> 2 pair of shoes – one with closed toes | <input type="checkbox"/> Jacket/Windbreaker          |
| <input type="checkbox"/> Swim suit x2        |   | <input type="checkbox"/> Sweatpants                  |
| <b>Toilet Articles</b>                       |   |  |
| <input type="checkbox"/> Toothbrush          | <input type="checkbox"/> Sunscreen                              | <input type="checkbox"/> Prescription medicine       |
| <input type="checkbox"/> Beach towel         | <input type="checkbox"/> Soap                                   | <input type="checkbox"/> Non-prescription medication |
| <input type="checkbox"/> Shampoo/Conditioner | <input type="checkbox"/> Comb/brush                             |  |
| <input type="checkbox"/> Shower towel        | <input type="checkbox"/> Toothpaste                             |  |

\*All medication should be indicated on Registration Form A.

Personal items such as make-up, nail polish, hair dryer, etc. should be left at home.

#### Miscellaneous

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Notebook or journal | <input type="checkbox"/> 2 plastic bags for dirty or wet clothes | <input type="checkbox"/> Water bottle – SEACAMP will provide one but if you want your own |
| <input type="checkbox"/> Pens/Pencils        |  |   |

#### Optional Items

- |  |   |
|--|---|
| <input type="checkbox"/> Camera/camera accessories*<br>- digital camera and GoPro OK,<br>no cell phone cameras | <input type="checkbox"/> Books, cards and games |
|  | <input type="checkbox"/> Stationary and stamps  |

#### Money

We recommend students bring no more than \$75 cash with them to camp. All meals, housing, and entrance to attractions are covered in tuition. The only money students would need is for the purchase of souvenirs, etc.

### Personal Water Gear

SEACAMP will provide all students with wetsuits, masks, snorkels, fins, and boogie boards (body boards). Students participating in the SCUBA Program have the opportunity to rent SCUBA equipment for a nominal fee. Please indicate SCUBA gear you will bring or rent on SCUBA Form C.

Students are welcome to bring their own masks, snorkels, booties, fins, or other personal SCUBA gear. The wetsuits we use here at SEACAMP are 7mm thickness (1/4"), full suits. We also have hoods and hooded vests for student use. Students will be unable to use their personal wetsuits thinner than 7mm while at camp.

Any and all personal gear should be clearly marked, and a personal gear bag (also labeled) is recommended. Students are responsible for their own gear while at SEACAMP San Diego.

## What Not to Bring

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### Electronics

Electronics, including but not limited to game consoles, computers, tablets, e-readers and TV, DVD and MP3 players, are not permitted at SEACAMP. Additionally, personal cell phone use is not permitted for the duration of camp. Should students bring cell phones (such as students flying), they will be turned off and collected upon arrival then returned upon departure from camp. **Any electronic items found at camp may be returned for a flat \$50.00 shipping fee.**

SEACAMP staff has access to SEACAMP cell phones at all times for inter-staff and emergency use.

### Drugs, Alcohol, Weapons

Any student using alcohol, tobacco, drugs, or committing any illegal act will be sent home immediately at the parent or guardian's expense.

Possession of any items which may be considered dangerous (i.e. knives, etc.) or behavior which may compromise the safety of others will not be tolerated.

### Miscellaneous

No roller blades, skates, skateboards, surfboards or skim boards will be allowed at SEACAMP. If brought, SEACAMP will ship the items home at the parent or guardian's expense.